



NORMAL VISITATION SCHEDULE

Prenatal Visit Schedule

1. Initial prenatal visit: 8-12 weeks
2. First and second trimester: every 4 weeks from 8-28 weeks gestation
3. Third trimester: every 2 weeks between 28-36 weeks gestation
4. Term: Weekly visits after 36 weeks gestation.

Routine prenatal care will be completed at Moonstone Midwifery's office currently housed within Steinmann Family Health Clinic, except for the 36 week home visit. Problem focused visits may be added at the discretion of the Midwife or nurse.

Postpartum Visit Schedule

1. Maternal and newborn home visit at 24 hours postpartum.
2. Optional visit at 5-7 days postpartum at Moonstone Midwifery to assist with lactation concerns or any other problems.
3. 2 week postpartum visit at Moonstone Midwifery for client and newborn
4. 6 week postpartum visit at Moonstone Midwifery for client and newborn
5. At 6 weeks postpartum, care of the newborn will be transferred to a provider of your choice. Continued care by Lori after 6 weeks will require establishment of care at Steinmann Family Health Clinic family practice.

Additional postpartum or problem focused visits may be suggested by the midwife at any point prior to 6 weeks postpartum.